



## PRODUCT INFORMATION

### L-HISTIDINE

FORMAT	Free form amino acid powder.
SIZE	75g
DOSAGE RANGE	Take 2-5g daily in divided doses. 1 Teaspoon = 2g.
HOW TO TAKE	Mix with, or wash down with water or juice.

IMAGE



GREAT FOR	Skin, digestive enzymes.
NUTRITIONAL DATA	100% pure free form L-Histidine USP.
MUSASHI CODE	HI
BARCODE	9314549987731
UPB	25