



## PRODUCT INFORMATION

### HMB CAPSULES

FORMAT	Capsules
SIZE	75 capsules per container.
DOSAGE RANGE	To reduce muscle tissue breakdown, take 3 capsules immediately after training. An additional 2 capsules can also be taken before retiring.
HOW TO TAKE	Wash down with water or juice.

#### IMAGE



GREAT FOR	Athletes/persons looking to reduce muscle tissue breakdown and therefore aid recovery.
NUTRITIONAL DATA	Each capsule contains: Calcium beta-hydroxy beta-methylbutyrate 500mg
MUSASHI CODE	HMB75
BARCODE	9314 549 900 570
UPB	25