



## PRODUCT INFORMATION

### 'E' ELECTROLYTE REPLACEMENT FORMULA

<b>FORMAT</b>	Powder
<b>SIZES</b>	750g and 2kg.
<b>FLAVOURS</b>	Lemon (750g), Lemon/Lime and Pine/Orange (2kg).
<b>DOSAGE RANGE</b>	2 level scoops (60gm) mixed with 1 litre of water.
<b>HOW TO TAKE</b>	Mix 2 level scoops with 1 litre of cold water and drink. Drink before, during and after strenuous exercise.

#### IMAGE



**GREAT FOR** Any kind of exercise, replacing lost fluids and body salts and providing energy.

**NUTRITIONAL DATA** Sucrose, Maltodextrin, Fructose, Dextrose, Citric Acid, Glutamine Peptide Sodium Citrate, Sodium Chloride, Potassium Citrate, BCAAs, Flavour, Sodium Ascorbate (Vit C), Vitamin E

	<u>Per serve (60g)</u>	<u>Per 100g</u>
Energy	970kj (232 cal)	1616kj (386 cal)
Protein	2.2gm	3.7gm
Fat	NIL	NIL
Carbohydrates		
- total	51.6gm	86.0gm
- sugars	40.8gm	68.0gm
Sodium	428mg	714mg
Potassium	66mg	110mg

